

Decrease Missed Visits in the Home Care Setting with IM



Course Description:

Have you ever driven "all the way" to a patient's home and knocked on the door only for them to then decide that "they don't feel like therapy today?" Well I have found a way around some of those missed visits. This is an evidence-based two part IM in the Home care course that will give you multiple ideas for using IM with your home care patients. I will explain why I feel that EVERY patient could benefit from using the IM. You will learn how to tailor each session to the patient's specific needs. You will teach the patient to set the bar higher each session. You will learn to change the program to accommodate the patient when they are having those "rough days."

Ever wonder what to do with that low level patient or the physically high level, but balance challenged patient? You will learn fun and creative ideas to get your patient engaged in treatment. Throw out the rule book for home therapy and discover a new plan. You are only as limited as your imagination. I will discuss a fun and exciting approach to exercise in order to return the patient to his/her prior level of function or better. You will learn how to co-treat with multiple disciplines in 1 visit, and you will learn to encourage the patient to continue his/her training with the IM Home.

***Contact hours are offered pending successful completion of both parts of this course followed by a written exam.**

Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Occupational Therapist
- Certified Occupational Therapy Asst
- Physical Therapist
- Physical Therapy Asst
- Athletic Trainer

Instructional Level:

Advanced

Learning Outcomes:

Upon completion of this course, participants will be able to:

- Determine which home care patients are candidates for IM system training;
- Motivate home care patients to participate in treatment at the prescribed frequency with IM while tailoring treatment to individual needs;
- Co-treat with other disciplines to maximize patient participation and treatment outcomes;
- Utilize IM Home effectively with home care patients.

***Note: This course covers information that pertains to licensed therapists and therapy assistants. COTA and PTA professionals must practice IM under the supervision of an OT or PT.**

Instructors:

Lee Anne Boleware, P.T.A. has been a Physical Therapy Assistant for 10 years and has worked in multiple settings- including private clinics working with adults and pediatrics, In-patient working with post surgical orthopedic rehab patients, and home health working with pediatrics and adults. She is currently working PRN for home health and an out-patient pediatric clinic. She believes in and enjoys the whole team approach to provide patients with the BEST care available, with all care providers working together to achieve the patient's functional goals.

Lee Anne has an AS degree in P.T.A. and has furthered her knowledge through completion of numerous continuing education courses. Lee Anne currently holds certifications in Interactive Metronome and IM Home, Optimum Balance Training, Parkinson's and Movement disorders, Childhood Development Disorders, and several in the area of Autism.

Disclosures:

Instructor Financial Disclosure(s): Lee Anne is the author of course materials that focus on the clinical application of Interactive Metronome technology, for which she has received honoraria. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored. Lee Anne does not sell or receive compensation for the sale of Interactive Metronome products.

Instructor Nonfinancial Disclosure(s): Lee Anne does not have any relevant nonfinancial relationships to disclose.

Course Content Disclosure:

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Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

Agenda (2 HOURS):

PART 1 (1 hour)

- Speaker introduction & disclosure
- What patients are candidates for the IM
- The #1 hang up with using IM with home care elderly patients
- Quick over view of the testing and need for every patient to perform the short form testing
- Getting the patient acquainted with the IM
- Tailoring programs to each patient
- Increasing the reps to increase patients attention and focus
- Give the patient instant feedback on progress gained

PART 1 (1 hour)

- Changing task to patient goal oriented task
- Learn to challenge patients to beat high scores
- Have instant scores to give patients or Doctors instant feedback
- Using the IM for multiple discipline during one session
- Continuing treatment with IM Home and monitoring patient with continued progress
- Online post-test & course evaluation

CEUs Offered for:

0.2 AOTA (OT/COTAs)

2.0 BOC (ATs)

*PTs & PTAs may submit paperwork to your state board for CEUs. Check your state for eligibility.



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CONTINUING EDUCATION**
by The American Occupational
Therapy Association, Inc.

Interactive Metronome, Inc is an AOTA Approved Provider (#4683). This introductory course is offered for 2 contact hours/ .1 AOTA CEUs (Classification Codes - Domain of OT; OT Process: Intervention). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



Interactive Metronome, Inc. is recognized by the Board of Certification, Inc. to offer continuing education (CE) for Certified Athletic Trainers (ATs). This program has been approved for a maximum of 2.0 CEUs (Advanced Level). ATs are responsible for claiming only those hours actually spent participating in the CE activity.